

2011 Seneca Park Zoo Fitness Challenge



In one of the Zoo's newest events, the 3rd annual Fitness Challenge had record attendance with six teams of six competing in the Team Event and another 30 athletes competing in the Individual Event! We also upped our spectator crowd! Everyone was impressed with the athleticism being witnessed, along with the team camaraderie and strategizing that the Team Event encouraged.

Participants in the Team Event completed three stations of intense modern athleticism under intriguing monikers like "Catch-22," "Up, Over & Through" and "Attack, Retreat!" First place went to Monroe County Crossfit, with two teams from Flower City Crossfit taking second and third, respectively. The Individual Event included men and women competing for the best time in an innovative obstacle course – Pipe Crawl, Tire Course, Tire Flip, Rope Climb and Farmer's Walk with kettle bell weights. Trisha Williamson and Eric Schenck took first in the female and male contests, respectively.

Thanks to generous sponsorship from Ortho Clinical Diagnostics, as well as the support from all those who participated, the event netted \$5,000 for your Zoo. We are also grateful for the stellar work by the Wolf Brigade and the Downtown Fitness Club volunteers who made sure the events ran smoothly and that scores were recorded fairly. Thanks to Admar Supply Company for providing the event equipment and for Salena's Mexican Restaurant for hosting the after party following the event. We also appreciate the support of our prize sponsors: Rochester Red Wings, Eastern Mountain Sports, MedVed Running and Walking Outfitters, Rock Ventures, Freetime Magazine, Downtown Fitness Club, Wolf Brigade and the Seneca Park Zoo.

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